

DAFFODIL DAY 30TH AUGUST 2024

Daffodil day was founded in 1990.

74 New Zealanders are diagnosed with cancer every day.

Daffodil day raises money for the cancer society who provide support including a helpline, counselling, transport and accommodation to individuals and their whanau during treatment.

The daffodil symbolises hope as it is the first flower of spring bringing light after cold dark winter days.

For more information visit https://www.daffodilday.org.nz/



NEWSLETTER AUGUST 2024

Kia Ora,

A new month brings a new month of challenge and change.

August is the last month of Winter in New Zealand and is also known to be one of the coldest! We know a lot of you have been unwell with all the winter illnesses, please continue to stay warm, hydrated and fuelled with wholesome food. Taking these simple steps can help get you through the rest of Winter as healthy as possible.

Kind Regards, The Doctors Silverstream.

"Healthy Habits are learned in the same way as unhealthy ones – through practice." – Wayne Dyer

Urgent Clinic changes 1st August 2024

As of Thursday the 1st of August, there will be changes to our same day/urgent appointment process.

We believe these changes will improve access and quality of care working in this challenging healthcare environment. Please note we are not an urgent care facility, and we work on a booked appointment basis.

For registered patients seeking urgent care we will be moving to GP Phone Consultations. Issues will be resolved over the phone or alternative arrangements made during your Phone Consultation. You will be charged a consultation fee for this service.

We have limited availability for GP Phone Consults, once we are at maximum capacity you will be directed to other service providers such as House Call, Practice Plus, After Hours, ED and Healthline.

If you're experiencing a Medical Emergency, please dial 111.

We would like to thank our patients for their continued support and understanding while we continue to navigate the current healthcare environment.





OTHER MONTH EVENTS

- -1st-7th August World Breastfeeding week
- -1st-31st August Wellington on a Plate
- -1st August Te Reo Maori reconginsed as an official Language 1978
- -9th August International Day of the World's Indigenous Peoples
- -12th August International Youth Day
- -12th-18th August Women's Health Week/ Te Wiki Hauora Wahine
- -30th August Daffodil Day/ Te Ra Daffodil



Farewell Dr Cheryl Archer

Dr Cheryl Archer has made the big decision to move to a different area of medicine. As of the 1st of September, she will no longer be part of our team at The Doctors Silverstream.

Cheryl has been working as a GP at Silverstream since 2005. She has enjoyed being part of the community, sharing stories with her patients and has felt privileged to have been a part of her patients' healthcare.

Her patients will be reallocated to one of our other GPs who look forward to working together with them to meet their health needs.

The quality of care in general practice is strengthened by the quality of the clinician-patient relationship. As well as a team of primary care doctors and nurses we have other trained professionals who can support your health care needs. Our team includes Nurse Prescribers, a Health Coach, a Health Improvement Practitioner, a Community Social Worker and a Clinical Pharmacist. You are welcome to talk to one of our team members and discuss whether one of these clinicians might provide additional services for you.

We thank Cheryl for the contribution she has made to our practice and wish her well with her future plans.





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